

Interpersonal Check List

Name: _____

Check those adjectives that apply to you some of the time or more.

- | | | |
|--|---|---|
| 1A ____ 1. Able to give orders | admire him/her | 2F ____ 91. Resents being bossed |
| 1K ____ 2. Appreciative | 2G ____ 44. Frequently disappointed | 2B ____ 92. Self-reliant & assertive |
| 2H ____ 3. Apologetic | 2D ____ 45. Firm but just | |
| 1C ____ 4. Able to take care of self | 3M ____ 46. Fond of everyone | 3D ____ 93. Sarcastic |
| 2K ____ 5. Accepts advice readily | 2A ____ 47. Forceful | 3H ____ 94. Self-punishing |
| 1G ____ 6. Able to doubt others | 1M ____ 48. Friendly | 2B ____ 95. Self-confident |
| 2M ____ 7. Affectionate & understanding | 3N ____ 49. Forgives anything | 3D ____ 96. Self-seeking |
| | 3E ____ 50. Frequently angry | 3C ____ 97. Shrewd & calculating |
| 3P ____ 8. Acts important | 3M ____ 51. Friendly all the time | 1B ____ 98. Self-respecting |
| 1H ____ 9. Able to criticize self | 3O ____ 52. Generous to a fault | 3H ____ 99. Shy |
| 2J ____ 10. Admires & imitates others | 2O ____ 53. Gives freely of self | 3C ____ 100. Selfish |
| | 2A ____ 54. Good leader | 2F ____ 101. Skeptical |
| 4L ____ 11. Agrees with everyone | 1J ____ 55. Grateful | 2M ____ 102. Sociable & neighborly |
| 4H ____ 12. Always ashamed of self | 2D ____ 56. Hard boiled when necessary | 3G ____ 103. Slow to forgive a wrong |
| 2K ____ 13. Very anxious to be approved of | 1O ____ 57. Helpful | 3B ____ 104. Somewhat snobbish |
| 3P ____ 14. Always giving advice | 4E ____ 58. Hard-hearted | 4I ____ 105. Spineless |
| 3F ____ 15. Bitter | 2G ____ 59. Hard to impress | 2D ____ 106. Stern but fair |
| 2O ____ 16. Big hearted & unselfish | 3D ____ 60. Impatient with other's mistakes | 4O ____ 107. Spoils people with kindness |
| | 2B ____ 61. Independent | 2E ____ 108. Straightforward & direct |
| 3B ____ 17. Boastful | 2E ____ 62. Irritable | |
| 2C ____ 18. Businesslike | 3G ____ 63. Jealous | 3G ____ 109. Stubborn |
| 3A ____ 19. Bossy | 2N ____ 64. Kind & reassuring | 3L ____ 110. Too easily influenced by friends |
| 1E ____ 20. Can be frank & honest | 2A ____ 65. Likes responsibility | 3C ____ 111. Thinks only of self |
| 4J ____ 21. Clinging vine | 2H ____ 66. Lacks self-confidence | 2N ____ 112. Tender & soft hearted |
| 1D ____ 22. Can be strict if necessary | 2C ____ 67. Likes to compete with others | 3H ____ 113. Timid |
| | 3K ____ 68. Lets others make decisions | 3N ____ 114. Too lenient with others |
| 1N ____ 23. Considerate | 3M ____ 69. Likes everybody | 2G ____ 115. Touchy & easily hurt |
| 4C ____ 24. Cold and unfeeling | 3K ____ 70. Likes to be taken care of | 3O ____ 116. Too willing to give to others |
| 1F ____ 25. Can complain if necessary | 4M ____ 71. Loves everybody | 3P ____ 117. Tries to be too successful |
| | 2P ____ 72. Makes a good impression | 2K ____ 118. Trusting & eager to please |
| 1L ____ 26. Cooperative | 3A ____ 73. Manages others | 4N ____ 119. Tries to comfort every one |
| 3F ____ 27. Complaining | 3I ____ 74. Meek | 2I ____ 120. Usually gives in |
| 2C ____ 28. Can be indifferent to others | 2I ____ 75. Modest | 2J ____ 121. Very respectful to authority |
| | 3J ____ 76. Hardly ever talks back | 3L ____ 122. Wants everyone's love |
| 2E ____ 29. Critical of others | 2P ____ 77. Often admired | 1P ____ 123. Well thought of |
| 1I ____ 30. Can be obedient | 3I ____ 78. Obeys too willingly | 3J ____ 124. Wants to be led |
| 4D ____ 31. Cruel and unkind | 2F ____ 79. Often gloomy | 3L ____ 125. Will confide in anyone |
| 3J ____ 32. Dependent | 3E ____ 80. Outspoken | 2M ____ 126. Warm |
| 4A ____ 33. Dictatorial | 3O ____ 81. Overprotective of others | 2L ____ 127. Wants everyone to like him/her |
| 4G ____ 34. Distrusts everybody | 3E ____ 82. Often unfriendly | 4K ____ 128. Will believe anyone |
| 3A ____ 35. Dominating | 3N ____ 83. Over-sympathetic | |
| 2H ____ 36. Easily embarrassed | 2J ____ 84. Often helped by others | |
| 2L ____ 37. Eager to get along with others | 3I ____ 85. Passive & unaggressive | |
| | 3B ____ 86. Proud & self-satisfied | |
| 3K ____ 38. Easily fooled | 2L ____ 87. Always pleasant and agreeable | |
| 4B ____ 39. Egotistical & conceited | 3F ____ 88. Resentful | |
| 2I ____ 40. Easily led | 2P ____ 89. Respected by others | |
| 2N ____ 41. Encouraging to others | 4F ____ 90. Rebels against every thing | |
| 2O ____ 42. Enjoys taking care of others | | |
| 4P ____ 43. Expects everyone to | | |

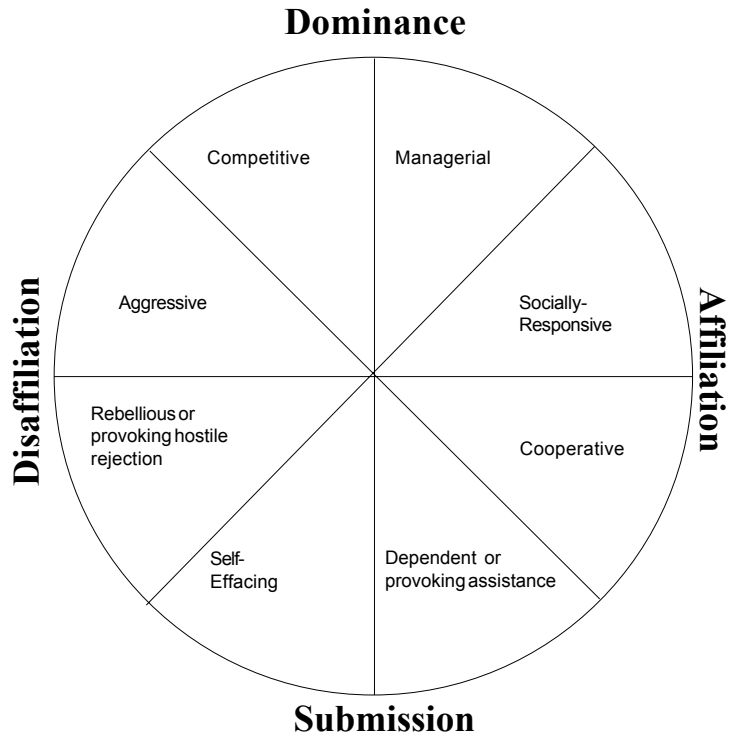
Interpersonal Check List

Scoring

Column 1

Column 2

| | | | |
|---|-------|---|-------|
| A | _____ | A | _____ |
| B | _____ | B | _____ |
| C | _____ | C | _____ |
| D | _____ | D | _____ |
| E | _____ | E | _____ |
| F | _____ | F | _____ |
| G | _____ | G | _____ |
| H | _____ | H | _____ |
| I | _____ | I | _____ |
| J | _____ | J | _____ |
| K | _____ | K | _____ |
| L | _____ | L | _____ |
| M | _____ | M | _____ |
| N | _____ | N | _____ |
| O | _____ | O | _____ |
| P | _____ | P | _____ |



Name 1 _____

Name 2 _____

Graph 1

Graph 2

